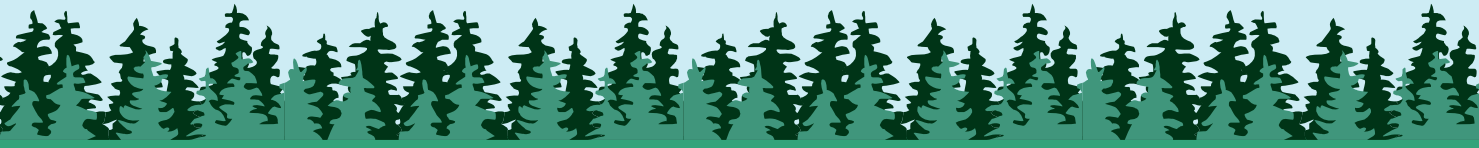


2007



September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Labor Day	4	5	6	7	8
9	10 2.0 Miles	11 2.0 Miles	12	13 2.0 Miles	14	15 2.0 Miles
16	17 2.0 Miles	18 2.0 Miles	19	20 2.0 Miles	21	22 2.0 Miles
23	24 2.0 Miles	25 2.0 Miles	26	27 2.0 Miles	28	29 2.0 Miles
30						



LA Marathon Training Schedule 2007