



College of the Canyons

6th Annual

Thanksgiving morning- Thursday 11/27/2014- 8:30 am

3 mile Turkey Trot

Proceeds benefit

The College of the Canyons Cross Country/Track & Field Teams
And The Bonnie Heck Think Well Foundation

Course and Distance:

A 3 mile cross country course beginning at the baseball field continuing through the campus, winding through the oak studded hills overlooking the Santa Clarita Valley, and finishing in the Cougar stadium.

Age Divisions:

Male & Female: 10 & under,
11-13, 14-17 18-24, 25-29, 30-34, 35-39,
40-44, 45-49, 50-54, 55-59, 60-69, & 70+

Entry Fee:

\$20.00

Includes a race t-shirt.

Please make checks out to "COC ASG"

Awards:

Awards to the top three men and women in each age division. Awards will be given at the conclusion of the race.

Directions:

In the Santa Clarita Valley, exit Interstate 5 Valencia Blvd. College of the Canyons is immediately on the right as you travel East on Valencia Blvd. Park at the Football Stadium.

Start Times:

Race begins at **8:30am**

Race sign-in at the track finish line.

T-shirts:

T-Shirts are available to purchase at the race.

Registration:

Registration is at the race start. No pre-registration is necessary.

Results:

Finishers and times for each division will be announced at the end of the race.

Information:

For more information contact Lindie Kane, College of the Canyons Head Cross Country/Track & Field Coach at (661) 755.8162